

7

University of North Carolina at Chapel Hill
Agreement and Release of Liability

In consideration of being allowed to participate in the **CAROLINA BOXING CLUB** at the University of North Carolina at Chapel Hill Department of Exercise and Sport Science, and in consideration of the voluntary nature of such participation and use, I hereby release, hold harmless, and forever discharge The University of North Carolina at Chapel Hill, its employees and agents, from any and all liability, claims, demands, actions and causes of actions whatsoever arising out of or related to any loss, property damage, or personal injury, including death, that may be sustained by me or to any property belonging to me, while participating in said activity.

I, the undersigned, hereby give permission for the staff of the University to seek emergency medical attention to be given and for me to receive medical attention in the event of accident, injury or illness. I will be responsible for any and all costs of such medical attention and treatment.

I understand and am aware that strength, flexibility and aerobic exercise, including the use of equipment, are potentially hazardous activities. I also understand that fitness and recreational activities involve a risk of injury and even death, and that I am voluntarily participating in the **CAROLINA BOXING CLUB** and using equipment with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks of injury or death.

I do hereby further declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent my participation or use of equipment except as hereinafter stated. I acknowledge that I have either had a physical examination and been given my physician's permission to participate, or that I have decided to participate in this activity and use of equipment without the approval of my physician and do hereby assume all responsibility for my participation and activities, and utilization of equipment in my activities.

I am fully aware of the risks and hazards associated with participation in physical activity. I hereby elect voluntarily to participate in the **CAROLINA BOXING CLUB** and fully acknowledge that the activity may be hazardous to me and my property. I agree to comply fully with the rules/regulations and directions provided by the staff at the EXSS/Campus Recreation facility. Further, I understand that I will be disqualified from the activity (or penalized) in the event that I fail to fully comply with said rules.

This release and hold harmless agreement is binding on myself, my heirs, assigns, and personal representatives.

I, _____, am (not) 18 years of age or older.
(Print)

Signature

Date

Signature of parent if under 18 years of age

Date